

CHAPTER 16—WOMEN'S SWIMMING AND DIVING REGULATIONS

1. Playing Season Policies.

a. Championships Determination.

The team and individual Conference champions in women's swimming shall be determined at a Conference championship meet. (6/92, 6/01)

b. Conference Schedule.

The three northern institutions (i.e., Oregon State, Utah, Washington State) shall compete in dual meets against four of the six southern institutions (i.e., Arizona, Arizona State, California, Stanford, UCLA, USC) each year and shall compete in dual meets against all six southern institutions twice in a three-year period. The six southern institutions shall compete in dual meets against two of the three northern institutions each year and shall compete in dual meets against all three northern institutions twice in a three-year period. Annual dual meets between the southern institutions and between the northern institutions may also be scheduled. Meets shall be scheduled on dates mutually agreed upon by the coaches of the involved teams and shall be confirmed by April 1 prior to the meet. Any scheduled Conference dual meets shall take precedence over non-Conference dual meets. (4/88, 6/92, 6/01, 10/12)

(1) Rescheduling Policies.

If a postponed swimming or diving meet cannot be rescheduled for an alternate site on the same day it shall be cancelled. (7/92)

2. Meet Policies.

a. Entry Submission Procedures.

The visiting institution shall provide an electronic or hard copy roster to the host institution prior to the meet. The visiting institution may submit event entries for the meet which may be changed up to the time of the event being called by the announcer or it may turn in entries by event, due at the conclusion of the previous event. The use of divemeets.com shall be required for entering diving participants. (6/10, 6/11)

b. Host Responsibilities.

The host institution of each meet shall provide a current list of hotel and motel rates, restaurants, travel routes to the pool, parking, and the pool availability schedule to the visiting team. The visiting team shall inform the host of its travel plans, accommodations, and planned time of arrival in town and at the swimming pool prior to the start of the meet. The host coach should make the pool availability schedule known to the visiting team. (6/02)

c. Playing Rules.

Conference contests shall be conducted under the NCAA Men's and Women's Swimming and Diving Rules except as modified below. (6/92, 2/17)

(1) Officials.

The starter-referee and a stroke and turn judge for all Conference dual meets shall be certified U.S. Swimming officials. (4/88)

(2) Exhibition Swimmers.

When there is not mutual agreement by participating coaches, the default order of events shall be for all non-scoring heats to be swum after the conclusion of the scoring heats in an event. The deadline for determination shall be before competition, consistent with the deadline for determining events/distances. (2/17)

3. Conference Diving Championships.**a. Playing Rules.**

The Conference Diving Championships shall be conducted according to the NCAA Men's and Women's Swimming and Diving Rules except as modified below. (6/88, 6/92)

(1) Judges.

Eight neutral judges, including one head referee, shall be used at the Conference Championships. (6/05, 6/08, 6/11)

(2) Scoring.

Twenty-four places will be scored for individual events on a 32-28-27-26-25-24-23-22-20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 basis. The eight finalists will be scored in order of finish in the finals and the remaining divers (9th up to 24th place) will be scored in the order of finish in the preliminaries. (6/01)

(3) Ties in Diving Qualification.

In the case of a tie, the tied divers will advance to the finals. All divers in the finals will have equal opportunity to score wherever they finish in the finals. If a tie occurs in the finals, it will not be broken. A duplicate award will be provided to the individual(s). (6/02)

b. Site Rotation.

The Conference Diving Championships shall be conducted by the Conference office at the indoor facility at Federal Way, Washington. (6/95, 6/02, 6/09)

c. Entries.

Entry forms for the Conference Diving Championships must be received no later than one week before the coaches' meeting preceding the Championships. However, divers may be scratched, or designated as official or unofficial participants, up until the day before the beginning of the Championships. If, for any reason, an institution wishes to change its entries after the deadline, majority approval of the coaches through a written ballot is required. (6/11)

(1) Fine.

A monetary fine shall be imposed for non-compliance with the deadline for submission of entries. (6/17)

4. Conference Swimming Championships.**a. Date and Site Rotation.**

The Conference Championships shall be conducted by the Conference office three weeks prior to the NCAA Division I Women's Swimming and Diving Championships. It is recommended that the Conference Championships be conducted only in indoor facilities that are adequate in length and width, and in diving, locker, and spectator facilities. (6/87, 6/93, 6/94, 6/02, 6/09, 8/15)

b. Entries.

(1) Entry Form and Deadlines.

Entry forms for the Conference Women’s Swimming Championships must be received by the Conference office or its designee no later than one week prior to the coaches’ meeting preceding the Championships. Coaches shall designate their official and unofficial athletes 30 minutes after the coaches’ meeting preceding the Championships. If, for any reason, an institution wishes to change its entries after the forms have been received, majority approval of the coaches through a written ballot is required. (6/04, 6/10, 6/12)

(2) Fine.

A monetary fine shall be imposed for non-compliance with the deadline for submission of entries. (6/17)

(3) Event Limitations.

An individual swimmer who is an official entrant is permitted to swim (compete for points) in seven events, of which no more than three may be individual events. The official entrant also may swim in additional events (both individual events and relays) on an unofficial basis. Unofficial entrants may participate in individual event preliminaries and exhibition relays.

() Scratches and Official Swims.

Changes to entries may be made according to the following deadlines: (6/04, 6/10)

Changes to:	Deadline:
Day 1 events	30 minutes after the coaches’ meeting prior to Day 1 (6/04)
Day 2 events	30 minutes after start of Day 1 finals (6/04)
Day 3 events	30 minutes after start of Day 2 finals (6/04)
Day 4 events	30 minutes after start of Day 3 finals (6/04)

c. Expense Sharing.

The event management costs, Championships mementos, and travel expenses (airfare and ground transportation) for each team shall be shared equally by the competing institutions. Travel expenses may be paid for up to 27 individuals per team. (12/91, 6/92, 6/00, 6/05, 6/12)

d. Format.

The Conference Championships shall be conducted as a four-day event beginning Wednesday afternoon. Teams may not depart campus for the Championships prior to Tuesday. Practice in the competition pool is prohibited prior to 12:00 p.m. the Tuesday prior to the Conference Championships. (6/92, 6/01, 6/02, 6/03, 10/03, 10/04, 6/05, 6/12, 8/16)

(1) 1650 Freestyle.

Timed final heats of the 1650 freestyle event shall be held during the final day of the Championships. The final heat shall be held to begin the evening session. All other heats shall be concluded one hour before the start of the evening session. (6/94, 6/01, 6/02, 10/03)

(2) Breaks.

Breaks before relay events shall be 30 minutes during the first day of the Championships and at least 30 minutes on subsequent days. (6/01, 10/03, 6/12)

(3) Finals.

Three heats of finals will be held for all events on the Championships program with the bonus consolation race and the consolation finals immediately preceding the championship finals race in each individual event. (6/01)

(4) Conference Invitational Meet.

The Conference Invitational, which is held the day following the Conference Women's Swimming Championships, shall be conducted using preliminary and final heats. The preliminary session will be followed by the finals sessions of consolation and championship finals. Requirements for the Conference Invitational shall adhere to NCAA invitational meet guidelines. (6/02, 6/11, 8/16)

(5) Relays.

Relays shall be conducted as timed final events. Exhibition heats of the 200-yard freestyle and 200-yard medley relay shall be swum prior to scoring heat(s) at the start of the session. Exhibition heats of the 400-yard freestyle, 400-yard medley and 800-yard freestyle relay shall be swum during the relay break. The A relay team shall be seeded before teams B and C. (6/87, 6/92, 6/94, 6/01, 6/02)

(6) Schedule of Events.

The order of events shall be as follows: (10/03, 6/12/2, 2/17)

Wednesday afternoon/evening

Men's 1M diving prelims*
200 Medley Relay (timed finals) (6:00 p.m.)
Men's 1M diving finals* (relay break)
800 Freestyle Relay (timed finals)

Thursday morning preliminaries

500 Freestyle (10:30 a.m.)
200 Individual Medley
50 Freestyle
Women's 3M diving prelims*
Men's 1M diving prelims*
Men's 1M diving finals* (15m after prelims)

Thursday evening finals

500 Freestyle (6:00 p.m.)
200 Individual Medley
50 Freestyle
Women's 3M diving finals (during break)
200 Freestyle Relay (timed finals)

Friday morning preliminaries

400 Individual Medley (10:30a.m.)
100 Butterfly
200 Freestyle
100 Breaststroke
100 Backstroke
400 Medley Relay (timed finals)
Men's platform diving prelims*

Friday evening finals

400 Individual Medley (6:00 p.m.)
100 Butterfly
200 Freestyle
100 Breaststroke
100 Backstroke
400 Medley Relay (timed finals)

Saturday morning preliminaries

1650 Freestyle (timed finals) (10:30 a.m.)
200 Backstroke
100 Freestyle
200 Breaststroke
200 Butterfly
Women's platform diving prelims*

Saturday evening finals

1650 Freestyle (timed finals) (6:00 p.m.)
200 Backstroke
100 Freestyle
200 Breaststroke
200 Butterfly
Women's platform diving finals* (during break)
400 Freestyle Relay (timed finals)

The meet referee shall provide a schedule of events that includes a start time for each event. Evening sessions shall begin at 6:00 p.m. (6/02, 10/03)

(7) Time-Standard Trials.

Time-standard trials shall be swum at the conclusion of both the morning and evening sessions. Each competitor, or institution in the case of a relay event, is limited to one time-standard trial per event per meet. Whenever a time-standard trial is conducted all appropriate officials of that meet or meet session shall be used to officiate the time-standard trial. NCAA conduct rules as well as NCAA-approved starting, judging, and timing procedures must be applied to each time-standard trial. (5/89, 6/01, 6/02)

e. Host Responsibilities.

(1) Conference Championships.

The Conference office, at least one month in advance of the Championships meet, shall assemble a Championships information packet and notify the participating institutions of the time schedule for the meet, giving details on the meet and such related details as housing, parking, coaches' meetings, and publicity needs, and shall inform the participating institutions of the deadline for eligibility lists. The Conference office is responsible for compilation and copies of entry lists. (6/02, 6/12)

(2) Conference Invitational Meet.

It is Conference office's responsibility to register the Conference Invitational Meet and receive proper approval for the meet from the NCAA Division I Swimming and Diving Committee according to prescribed guidelines. Further, the Conference office shall administer the Conference Invitational meet which shall be held the day after the Conference Women's Swimming Championships. (6/01, 6/02, 6/12)

f. Officials.

There shall be a sufficient number of officials to properly conduct the Championships. There shall be no more than six stroke and turn officials at the Championships. (6/02)

g. Playing Rules.

The Conference Women's Swimming Championships shall be conducted according to the NCAA Men's and Women's Swimming and Diving Rules except as modified below. (6/87, 12/91, 6/01, 6/02)

(1) Appeals Committee.

The Appeals Committee shall be composed of all head coaches and the meet referee. The head coaches shall vote on an appeal and, in case of a tie, the referee shall cast a tie-breaking vote. The Appeals Committee may not consider appeals of the judgment decisions of the starters, stroke, turn, and relay take-off judges. (6/87, 6/01, 6/02)

(2) Lane Assignment.

All eight lanes shall be used for bonus consolation, consolation, and finals heats for all individual events (6/02)

(3) Scoring.

Twenty-four places will be scored for individual events on a 32-28-27-26-25-24-23-22-20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 basis. Relay events shall score nine places on a 64-56-54-52-50-48-46-44-40 basis. (6/87, 6/01, 6/09, 6/12)

h. Qualifying Standards.

There shall be no qualifying standards for the Championships. (1/65, 5/69, 4/86, 2/87)

i. Seeding.

Seeding for all events shall be based on any time achieved during the current season. If an event has not been swum during the current season, the entry must be submitted with "no time" and seeded appropriately. Unofficial swimmers shall be seeded with official swimmers into preliminary heats according to their official times, except in the 1650 where the heat swum in the finals session will include official entries only. (6/99, 6/01, 6/02)

j. Squad Limit.

The maximum limit on the number of official entrants for each institution shall be 24, with divers counting one-half. These entrants will be the designated scorers for each institution. (2/87, 5/88, 5/91, 6/99, 6/01, 6/02, 6/09, 6/10, 1/12, 8/14)

(1) Unofficial Entrants.

In addition to the official entrants, eight additional individuals may compete unofficially in the preliminary heats and in the time standard trials. Each of the additional eight individuals must pay for her own transportation, lodging, and meal expenses, but must travel to the meet with the team and shall be a part of the official party and under supervision of the coaches at all times. Divers entered unofficially shall count as one-half. (2/87, 6/99, 6/01, 6/09, 1/12, 8/14)

k. Team Seating.

The assignment of team seating at the Conference Championships shall be done by draw at the annual coaches' meeting. (6/95)

l. Timing Devices.

Automatic timing equipment must be used, with three-button semi-automatic and three-manual watches per lane used as back up. (6/02)

5. Awards.

The Conference women's swimming coaches shall select recipients for all women's swimming awards. The Conference women's diving coaches shall select recipients for all women's diving awards. Balloting conducted for individual awards shall use a weighted voting method. Coaches may not vote for themselves or for their own players for any of the awards. (6/92, 6/93, 6/11, 8/15)

a. Individual Awards.

Individual awards from the Conference office shall be provided to the Coach of the Year, the Athlete of the Year, and the Freshman/Newcomer of the Year in women's swimming and the Coach of the Year, the Diver of the Year, and the Freshman/Newcomer of the Year in women's diving. Balloting shall be conducted by the Conference office and completed after the NCAA Championships. (6/92, 6/93, 2/99)

b. Championship Awards.

A Swimmer of the Meet and Diver of the Meet shall be selected by the coaches at the conclusion of the Conference Championships and each shall receive an award from the Conference office. (6/04, 6/07)

6. Meetings of Coaches.

There shall be an annual meeting of the women's swimming coaches. The attendance of each head coach is mandatory. (6/92, 6/95, 5/97, 6/01, 6/02, 10/05, 10/11, 8/16)