

**CHAPTER 19—WRESTLING REGULATIONS**

**1. Playing Season Policies.**

**a. Championships Determination.**

The team and individual Conference champions in wrestling shall be determined at a Conference championship meet. (6/92)

**b. Conference Schedule.**

There shall be no required regular season Conference schedule in the sport of wrestling. (6/92)

**(1) Rescheduling Policies.**

No wrestling match shall be rescheduled if cancelled. (7/92)

**c. Eligibility of Student-Athletes.**

See ER 4-4-a.

**2. Meet Policies**

**a. Officials.**

The referee used to officiate regular-season meets shall be NCAA-certified. (6/99, 6/01)

**b. Pre-Match Communication.**

No later than Monday prior to the competition, the coach from the host institution shall communicate with Conference opponents to confirm the date, location, time, weigh-in times, and to identify any other opponents that may be participating in competition that same day. (6/01, 6/05)

**3. Conference Championships.**

**a. Date and Site Rotation.**

The Championships shall be held during the third weekend prior to the NCAA Wrestling Championships. The Championships site shall be selected on the following rotation basis (5/97):

<b>Year</b>	<b>Host Institution</b>
2016-17.....	Stanford
2017-18.....	Oregon State
2018-19.....	Arizona State
(4/88, 4/90, 6/94, 6/01, 6/08, 6/09, 10/10, 6/12, 8/14)	

**b. Entry Deadline.**

The deadline for entries in the Conference Championships shall be by the start of the coaches' meeting the day prior to the opening day of the Championships. Once entries are submitted, no replacements shall be allowed. (6/95, 12/14)

**c. Format.**

The Conference Wrestling Championships shall be conducted as a one-day tournament. The weigh-ins shall be conducted by the officials. (6/92, 6/93, 6/95, 5/97, 6/01, 6/03, 6/05, 6/06, 10/07, 6/10)

**d. Host Responsibilities.**

The host institution, by January 15 annually, shall notify the other member institutions of the time schedule for the Championships and such related details as location of housing and eating facilities, starting times, current NCAA weigh-in procedures, and other significant details. The host institution shall rank wrestlers every two weeks starting January 1, and continuing through the Conference Championships. It is the host's responsibility to deliver the weekly rankings to the other Conference institutions. (5/97, 6/03, 8/16)

**e. Individual Records Sheets.**

Rosters for the Championships shall be entered into the NWCA website the Sunday prior to the opening day of the Championships. The host institution shall provide printed copies of all individual records sheets for all coaches at the seeding meeting. (6/95, 6/01, 6/11)

**f. Officials.**

The coaches shall select 12 officials in rank order to officiate the subsequent Conference Championships. The first eight officials who are available shall be assigned to the subsequent Conference Championships. Only officials who have been NCAA-certified shall be permitted to officiate at the Conference Championships. The official ranked the highest shall be named the head official. An independent coordinator of officials shall be assigned to help organize the Conference officials. Officials' session fees shall be the same as those used at the NCAA Division I Championships. (4/81, 6/89, 4/90, 4/91, 6/94, 6/95, 6/96, 5/97, 6/01, 12/14, 2/17)

**g. Playing Rules.**

The Conference Wrestling Championships shall be conducted according to the NCAA Wrestling Rules and Interpretations except as modified below. (6/92)

**(1) 45-minute Rest Period.**

A minimum 45-minute rest period shall be required between an individual's matches throughout the Conference Championships. (6/87, 6/03)

**(2) Seeding Guidelines.**

The following guidelines (not in priority order) shall be used to determine the seeding. If the first tier of guidelines can help determine the better wrestler, there shall be no need to consider the other guidelines. However, if the first tier of guidelines cannot help determine the better wrestler, then the second tier of guidelines shall be used. (6/95, 6/00, 10/11, 10/12)

If three wrestlers are considered simultaneously, the guidelines are to be used until one wrestler emerges as the higher seed. Then the one-on-one comparison of the two remaining wrestlers shall begin from the first tier and continue until the higher seed is determined. (6/10, 10/11, 12/14)

First tier: (10/11, 12/14, 8/16)

- (a) Better record in head-to-head competition. (6/95, 6/00, 12/14)
- (b) Higher ranked wrestler in coaches' poll rankings. (10/11, 12/14)
- (c) Wrestler has earned NCAA allocation for the Conference in current season. (6/10/ 12/14)

Second Tier: (10/11, 8/16)

- (d) Won-lost record against Conference competition at weight entered in current Championships.
- (e) Number of dual meet matches against Conference opponents entered in the same weight class at the Conference championships. (12/14)

(f) Won-lost record against all opponents.

(g) If the above guidelines cannot establish a seeding, the coaches shall vote to determine the seed. (6/95, 10/11)

### **(3) Seeding Process.**

Attendance at the seeding meeting shall be limited to appropriate coaches and administrators, with one voice per institution. (6/95)

The Conference office will confirm the tentative entries in the 10 weight classes for each institution and provide these to the coaches no less than seven days before the pre-Championship coaches' meeting. Using the seeding criteria, each coach shall rank the entrants for each weight class with No. 1 being the top-ranked wrestler. Each coach shall submit their rankings to the Conference office no later than 6:00 p.m. PT the day prior to the seeding meeting. The host shall compile this information and assign each wrestler a score based on the rankings by the coaches. The wrestler with the lowest score will be ranked first, the second lowest score will be the No. 2 seed, etc. (6/10, 6/11, 8/16, 2/17)

At the pre-Championships meeting, the host shall provide a packet containing a compilation of the total score for each wrestler and the seedings accordingly as well as the individual rankings from each coach. A coach's ballot may be removed from the seeding calculations, if voted on by a majority of the coaches as being in gross error. (6/10)

If the point total between wrestlers is four or fewer points, the coaches of the student-athletes in question can request discussion about the rankings. (6/10)

### **h. Results.**

The sports information director of the host institution shall forward full results of the Championships to the participating institutions and the Conference office. (6/01)

### **i. Scoring.**

The Conference Champion shall be the team with the highest point total, with the Conference championship scored in accordance with NCAA wrestling playing rules. (10/11, 12/14)

## **4. Awards.**

### **a. Championships Awards.**

The top four wrestlers in each weight division and the team champion shall receive awards from the Conference Office. All head coaches shall rank their top three choices for the Most Outstanding Wrestler of the Meet with the winner being announced and receiving an award from the Conference at the conclusion of the awards ceremony. (6/01, 6/11)

### **b. Individual Awards.**

The Conference wrestling coaches shall select recipients for all wrestling awards. Coaches may not vote for themselves or for their own players for any of the awards. Balloting conducted for individual awards shall use a weighted voting method. Balloting shall be conducted by the Conference office and completed after the NCAA Championships. Individual awards from the Conference office shall be provided to the Coach of the Year, the Athlete of the Year and the Freshman/Newcomer of the Year in wrestling. (6/92, 2/99, 6/11, 8/15)

**5. Meetings of Coaches.**

There shall be an annual meeting of the wrestling coaches. The attendance of each head coach is mandatory. If the meeting is held in conjunction with the Conference Championships, one assistant coach from each institution may attend the meeting. If multiple coaches from a given institution are in attendance, the institution shall designate one coach who may speak. (6/91, 6/92, 6/93, 6/01, 6/02, 6/05, 10/11)